**Paper title (Arial, 10 pt. Bold)**

(Blank line, Arial 10 pt.)

Name and surname1 (first author), Name and surname2 (other authors)…. (Arial, 10 pt.)

(Blank line, Arial 10 pt.)

1University / institution, faculty / department, address, city and country (Arial, 10 pt.)

2University / institution, faculty / department, address, city and country (Arial, 10 pt.)

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**Abstract (Arial, 10 pt. Bold)**

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The abstract should not exceed 300 words and must present important data, methodology, main results and conclusions. Abbreviations and references should not be included. The abstract is written in Croatian and English. The title and abstract on the title page should be written in the language of the manuscript (Arial 10 pt.).

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**Keywords (Arial 10 pt. Bold**): journal, paper, writing (Arial 10 pt., up to 5 keywords, sorted alphabetically)

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**Introduction (Arial 10 pt., Bold)**

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The manuscript can be from 5 to 20 pages long, including abstract, text, references, tables and figures. The text of the manuscript should be written in Arial 10 pt. and single-spaced.

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References should be cited consecutively, in parentheses, only with the author's last name and year of publication (Schiefe, 2018). If multiple references are found in the same parentheses, they are listed chronologically and separated by a semicolon (Hojsak, 2017; Schiefe, 2018). The reference may contain two authors (Bartoluci and Škorić, 2009) or more than two authors (Marković et al., 2021).

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Abbreviations can be used in the paper. When an abbreviation is mentioned for the first time, its full name is given in parentheses. Abbreviations should not be used in section and subsection headings.

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**Materials and Methods (Arial 10 pt. Bold)**

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Each manuscript has its own structure which depends on the type of the paper. This template serves as an aid to writing an original research article, preliminary communication, scientific preliminary communication. (Arial 10 pt.).

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Sections Materials and Methods and Results and Discussion may contain subsections. It is not possible to use the same subsection heading in these two sections. If authors want to divide a section into a second or a third level section, the following template is used:

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*Second level subsection heading* (Arial 10 pt. Italic)

(Blank line, Arial 10 pt.)

Third level subsection heading (Arial 10 pt. regular)

(Blank line, Arial 10 pt.)

The text of the paragraph begins in a new line, separated from the subsection heading.

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Tables and figures may be part of the Materials and Methods section if they are important for understanding the methodology; they can not in any way represent results.

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The equations in the text are written in a separate line, and the symbols used for explanation stating the units are used as follows:

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$ν= \frac{μ}{ρ}$ (Arial 10 pt)

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kinematic viscosity (ν, m2 / s); dynamic viscosity (μ, Pa · s); density (ρ, kg / m3) (Arial 9 pt.)

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All materials and devices used should be stated, providing all details (model number / name; manufacturer, city, country of manufacture) (where applicable); distributor should not be mentioned.

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Methods previously used by someone else should also be listed. All methods used should be briefly described including those previously published.

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All software, databases and other electronic material listed in the Materials and Methods section must be cited and included in the list of references.

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**Results and Discussion** **(Arial 10 pt. Bold)**

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The section Results and Discussion is one of the most important sections of the paper, because it contains the results of the research. This section does not include parts mentioned in the Introduction and Materials and Methods.

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The results should be presented clearly and concisely. When displaying the results, SI system of units of measurement is used, e.g. kg / m3.

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In the section Results and Discussion, the obtained results are compared with already existing and known examples from the literature. This section can be divided into subsections. Extensive citations and discussion of published literature should be avoided.

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The results of the research can be shown in tables. The tables in the text must be cited consecutively as follows:

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The addition of whey protein affected the growth of *Lactobacillus acidophilus* (Table 1).

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Table 2 shows...

(Blank line, Arial 10 pt.)

A short name (Arial 9 pt. font, bold) describing the table is required above each table. The title is numbered in Arabic numerals (see the table title in the example below). The column headings of the table should clearly describe the data presented. If necessary, the corresponding identified footnotes (Arial 8 pt.) should be entered below the table.

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**Table 4. Age, body mass and height of the participants (Arial 9 pt. Bold)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Parameter** |  | **BB\*** | **X\*** | **Y\*** | **Z\*** |
| Age | Min.-max. | 56 - 74 | 40 - 55 | 24 - 39 | 8 - 23 |
| X$\pm $σ | 59.27$\pm $2.53 | 45.59$\pm $4.29 | 30.06$\pm $4.35 | 20.67$\pm $1.72 |
| Body mass (kg) | Min.-max. | 67 - 97 | 57 - 110 | 50 - 127 | 45 - 111 |
| X$\pm $σ | 78.08$\pm $8.44 | 73.08$\pm $12.93 | 71.79$\pm $15.47 | 70.46$\pm $14.51 |
| Height (cm) | Min.-max. | 163 - 190 | 160 - 193 | 158 - 203 | 158 - 200 |
| X$\pm $σ | 172.03$\pm $6.58 | 171.50$\pm $7.55 | 171.85$\pm $8.53 | 171.71$\pm $8.28 |

Age division: Baby boomers-BB; Generation – X; Generation Y – Y; Generation Z – Z (Arial 8 pt.)

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Images (photographs, illustrations, charts and diagrams) must have a title (font Arial 9 pt., bold) written below the image and be marked with Arabic numerals. The size of the image may not exceed 8.0 cm wide, and the resolution may not be less than 300 dpi. The displayed images should be given as a reference in the text as follows:

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The results of spectrophotometric measurements are shown in Figure 1.

(Blank line, Arial 10 pt.)

Figure 2 shows ...

(Blank line, Arial 10 pt.)

**Conclusions** (Arial 10 pt.)

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Conclusions should be concise and clear, written in full sentences. One sentence is not a conclusion. This section does not repeat the content from the previous sections. It is also worth emphasizing the importance and novelty of the discoveries. References are not included here.

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**Title (Arial 10 pt. Bold)**

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**Abstract (Arial 10 pt. Bold)**

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The abstract should contain up to 300 words and must present important data, methodology, main results and conclusions. Abbreviations and references should not be included. The abstract is written in Croatian and English. The title and abstract in this part of the paper are written in a different language than the language in which the entire paper is written (English or Croatian). (Arial 10 pt.).

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**Keywords** (Arial 10 pt. Bold): journal, paper, writing (Arial 10 pt., up to 5 keywords, sorted alphabetically)

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**Acknowledgment (Arial 10 pt. Bold)**

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Details of research funding are provided in the acknowledgment. Authors should provide the full name of the agency that funded the research as well as the grant numbers (Arial 10 pt.).

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1. Bartoluci, M., Škorić, S. (2009): Menadžment sportskog i nautičkog turizma, Veleučilište u Karlovcu, Karlovac.
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